Germantown Private Psychiatry PLLC

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Pediatric Psychiatry Clinical Intake Form

Welcome & thank you for choosing
Germantown Private Psychiatry!

Dear Parent/Guardian, the information you provide here will help Dr. Mirza in identifying your child's needs and how to best serve your family.

We highly recommend to download and complete all paperwork at home prior to coming to your appointment. The link to download all forms in PDF format is noted below.

Please be prepared to arrive **30 minutes early** to complete clinic paperwork upon arrival if you did not complete it before your visit.

Please bring your completed paperwork, updated insurance information and any current medications in their original bottle to your appointment.

Forms download link: https://germantownpsychiatry.com/new-patients/forms

Who referred you to our clinic?_____

DEMOGRAPHICS:

Name of the person completing this form:

_____

Relationship to the child:

_____

Child's Full Legal Name: _____

Is there another name the child prefers being called? _____

Child's Date of Birth:_____/_____/ _____

Age: _____

Gender: _____

Race: _____

Religion: _____

Is the child adopted? No Yes
If yes, are they aware? No Yes

Who lives in the same household as the child?

Name	Sex	Age	Relationship to Child

Parent(s) occupation:

_____

What are the main concerns that you have about your child?

How long have you had these concerns?

What are your goals for treatment of your child?

1.
2.
3.

Please circle all of the following symptoms that apply to your child:

[]Sad or depressed mood
[]Withdrawn from family or friends
[]Loss of interest in activities or hobbies
[]Feelings of guilt or worthlessness
[]Feeling hopeless about the future
[]Sleep disturbance
[]Change in appetite
[]Low energy or fatigue
[]Trouble focusing or concentrating
[]Thoughts of hurting self
[]Thoughts of suicide
[]Thoughts of hurting or killing others

[]Drastic mood swings
[]Episodes of decreased *need* for sleep
[]Extreme hyperactivity
[]Racing thoughts
[]Talking so fast it's hard to understand
[]Overly happy or euphoric
[]Overly confident

[]Hearing voices that other people cannot hear
[]Seeing things other people cannot see
[]Feeling paranoid
[]Odd thinking or beliefs

[]Irritability
[]Severe angry outbursts (verbal or physical)

[]Worrying too much
[]Feeling or acting restless
[]Muscle tension
[]Panic or anxiety attacks
[]Fear of looking stupid or being embarrassed
[]Fear of offending others
[]Any other fears or phobias

[]Thoughts, feelings or pictures that come into the child's mind even if he/she does not want them to?
[]Habits the child feels they must do even if he/she knows it does not make sense (for example excessive cleaning, checking, repeating, counting, organizing or hoarding things)?

[]Poor body image
[]Trying to lose weight even though he/she is not overweight
[]Intentionally throwing up after eating

[]Easily loses temper
[]Easily annoyed
[]Defiant
[]Argues with authority figures
[]Annoying others on purpose
[]Blaming others for his/her mistakes
[]Resentful, spiteful or vindictive
[]Lying
[]Stealing
[]Destroying property
[]Setting fires
[]Skipping school
[]Hurting other people or animals

[]Difficulty learning
[]Trouble understanding social cues
[]Difficulty forming or keeping friendships
[]Being very sensitive to sound, light, touch or smell

[]Tics, twitches or involuntary movements
[]Making involuntary sounds

Traumatic experiences: Has your child ever been exposed to actual or threatened death, serious injury, or sexual violence, abuse, molestation? Yes / No

If yes, does he/she have any of the following symptoms related to the traumatic event?

[]Upsetting or intrusive memories
[]Nightmares
[]Flashbacks (feeling or acting like the event is happening again)
[]Avoiding talking or thinking about what happened
[]Feeling upset by reminders of the event
[]Having out of body experiences
[]Feeling like the world/surroundings are not real
[]Angry outbursts
[]Recklessness or self-destructive behavior
[]Getting startled very easily
[]Always looking around for signs of danger
[]Trouble remembering some or all of what happened

PAST PSYCHIATRIC HISTORY:

Has your child ever seen a **psychiatrist or therapist/counselor** before? Yes / No

Name of provider	Dates seen	Reason

Has your child ever been admitted to a **psychiatric hospital**? Yes / No

Name of the hospital	Dates	Reason

Has your child ever attempted suicide? No Yes If yes, please describe:

Does your child engage in any self-harm behaviors (like cutting)? No Yes If yes, please describe:

Has your child ever been violent or aggressive? No Yes If yes, please describe:

FAMILY HISTORY:

Please list any known psychiatric illnesses in **blood relatives** of the child:

Psychiatric illness:	Child's Mother	Child's Father	Child's siblings	Mother's side of the family	Father's side of the family
Depression					
Anxiety					
Bipolar disorder					
Psychosis					
Schizophrenia					
ADHD					
Intellectual disability or learning problems					
Autism					
Eating disorder					
Alcohol problems					
Drug problems					
Suicide					

Does the child have any blood relatives with heart defects or arrhythmias? No Yes Unknown

Does the child have any blood relatives who died suddenly at a young age? No Yes Unknown

SUBSTANCE USE HISTORY:

Does the child use: Alcohol Tobacco Illegal drugs

Specify: _____

MEDICAL HISTORY:

Does your child have any history of the following medical conditions *(circle all that apply)*?

[]Allergies (describe)	[]Loss of Consciousness
[]Asthma	[]Heart problems
[]Respiratory Illness	[]High Blood Pressure
[]Diabetes	[]Low Blood Pressure
[]Convulsions/Seizures/Epilepsy	[]Urogenital Problems
[]Head Injury	[]Vision Problems
[]Dizziness or Fainting	[]Hearing problems

Any other serious illness or disease? _____

Has your child ever had surgery? No Yes
If yes, describe and give dates:

Has your child ever had any serious injuries? No Yes
If yes, describe and give dates:

For Females only:
Has your child started menstruation? No Yes
If yes, at what age _____
Are periods regular? No Yes
Date of last menstrual cycle_____/_____/ _____
Is there any change in symptom severity with periods? No Yes
If yes, please describe_____

MEDICATIONS:
Please list all medication your child is **currently taking**:

Name of medication	Dose of medication	Who prescribes it?

Please circle any medications your child has **taken in the past**:

Alprazolam (Xanax)	Diazepam (Valium)	Mirtazapine (Remeron)
Amitriptyline (Elavil)	Duloxetine (Cymbalta)	Nortriptyline (Pamelor)
Amphetamine (Adderall)	Escitalopram (Lexparo)	Olanzapine (Zyprexa)
Aripiprazole (Abilify)	Fluoxetine (Prozac)	Oxcarbazepine (Trileptal)
Asenapine (Saphris)	Fluphenazine (Prolixin)	Paliperidone (Invega)
Atomoxetine (Strattera)	Fluvoxamine (Luvox)	Paroxetine (Paxil)
Bupropion (Wellbutrin)	Guanfacine (Intuniv)	Quetiapine (Seroquel)
Buspirone (BuSpar)	Haloperidol (Haldol)	Risperidone (Risperdal)
Carbamazepine (Tegretol)	Iloperidone (Fanapt)	Sertraline (Zoloft)
Citalopram (Celexa)	Imipramine (Tofranil)	Topiramate (Topamax)
Clomipramine (Anafranil)	Lamotrigine (Lamictal)	Trazodone (Desyrel)
Clonazepam (Klonopin)	Levomilnacipran (Fetzima)	Valproic Acid (Depakote)
Clonidine (Kapvay)	Lisdexamfetamine (Vyvanse)	Venlafaxine (Effexor)
Clozapine (Clozaril)	Lithium	Vilazodone (Viibryd)
Desipramine (Norpramin)	Lorazepam (Ativan)	Vortioxetine (Brintellix)
Desvenlafaxine (Pristiq)	Loxapine (Loxitane)	Ziprasidone (Geodon)
Dexmethylphenidate (Focalin)	Lurasidone (Latuda)	Other:
Amphetamine (Adderall)	Methylphenidate (Aptensio, Concerta, Daytrana, Metadate, Methylin, Ritalin, Quillivant)	

ALLERGIES (circle): No Known Drug Allergies Other:

Please list any allergies the child has: _____

SOCIAL HISTORY:

Name of child's current school: _____
Current grade: _____
Did the child repeat any grades? No Yes _____
Does the child have a 504 plan or IEP? No Yes _____
Is the child in ESE or special needs classes? No Yes _____
Has the child ever been suspended or expelled? No Yes _____
Does the child get bullied by peers? No Yes _____
Has the child ever been the victim of abuse? No Yes _____
Has the child been arrested? No Yes _____
Are there any weapons or guns in your home? No Yes
If so, does your child have access to them? No Yes _____

DEVELOPMENTAL HISTORY:

(Not all parents remember the answers to these questions. You can write down what you do remember or look back if you kept a baby book.)

What was the length of the pregnancy? _____

Were any medications or substances used during pregnancy? No Yes

If yes, what? _____

Any other complications of pregnancy or delivery? No Yes _____

How much did the baby weigh at birth? _____

Did the baby start breathing right away? No Yes _____

Were there any problems with the baby after he/she was born? No Yes _____

When did the baby leave the hospital? _____

When the baby came home, were there any problems? No Yes _____

When did the baby really smile (not "gas")? _____

When was the baby able to sit by him/herself (without help)? _____

When did the baby walk by him/herself (without holding on)? _____

When did baby say his/her first word? _____

When did the baby say short sentences (such as "go bye bye")? _____

Did the child have trouble learning to speak? _____

Was he/she different from brother or sister or other children? _____

Is the child toilet trained? No Yes

If yes, how old when trained? _____

How old was the child when he/she was able to:

When did the child learn to ride a tricycle? _____

When did the child learn to ride a bicycle without training wheels? _____

When was the child able to get dressed by him/herself? _____

When was the child able to tie shoelaces? _____

What hand does the child prefer to use? Right Left No Preference

At what age did you notice this? _____

Did anything else significant occur during the child's development years?

_____

TESTING HISTORY:

Did the child ever have IQ or achievement testing? No Yes _____

Has the child been tested for hearing abnormalities? No Yes _____

Has the child been tested for speech/ language abnormalities? No Yes _____

Has the child ever received occupational or physical therapy? No Yes _____

OTHER: Has the child experienced any of the difficulties below? Please circle all that apply:

[]Death of a parent []Death of other loved ones/close friend []Separation/divorce from parent or family
[]Loss of Home []Family financial problems []Parent with substance abuse problem
[]Conflicts with parents []Removal of child from home []Victim of crime or violence
[]Unwanted pregnancy []School problems []Illness in self or family (specify), Other: